

Start Date		2/28/18						
Stop Nr.	Location	Days from Start	Date	Mileage Point	Next Resupply	Days Food	Zero Days	Miles per Day
-	Amicalola Falls 8.8 miles to start at Springer Mt.	0.0	Wednesday, February 28, 2018	-8.8	40.2	2.0	0	20.0
1	Neel Gap, US 19 Mountain Crossings, full ser&res.	2.0	Friday, March 2, 2018	31.4	37.9	1.9	0.5	20.0
2	Dicks Creek Gap, US 76 Top of Georgia Hostel, full ser&res	4.4	Sunday, March 4, 2018	69.3	40.2	2.0	0.5	20.0
3	Winding Stair Gap, US 64 hitch 10mi to Lincoln or Macon Transit	6.9	Tuesday, March 6, 2018	109.5	54.9	2.5	0.5	22.0
4	Fontana, NC 28 - Smokies Permit 2mi to Fontana Village	9.9	Friday, March 9, 2018	164.4	73.6	3.3	0.2	22.0
5	Big Creek Contry Store nebo Standing Bear Farm Hostel - jistola	13.5	Tuesday, March 13, 2018	238	35.4	1.5	0.2	23.0
6	Hot Springs, NC on trail, full res.	15.2	Thursday, March 15, 2018	273.4	36.6	1.6	0.1	23.0
7	Hiker Paradise on trail	16.9	Friday, March 16, 2018	310	32	1.4	0.2	23.0
8	Erwin, TN Uncle Johnny's hostel	18.5	Sunday, March 18, 2018	342	25	1.1	1	23.0
9	Greasy Creek Hostel 0.6mi E	20.6	Tuesday, March 20, 2018	367	26.7	1.1	0.2	25.0
10	Mountain Harbour Hiker Hostel 0.3W	21.8	Wednesday, March 21, 2018	393.7	24.7	1.0	0.2	25.0
11	Denis Cove Rd Black Bear Resort 0.4mi E	23.0	Friday, March 23, 2018	418.4	50.8	2.0	0.2	25.0
12	Damascus on trail	25.3	Sunday, March 25, 2018	469.2	63.4	2.5	0.2	25.0
13	Mt. Rogers Visitor center Marion 6mi W, Marion Transit	28.0	Tuesday, March 27, 2018	532.6	75.4	3.0	0.2	25.0
14	Trent's Grocery 0.5mi W	31.2	Saturday, March 31, 2018	608	26.3	1.1	0.2	25.0
15	Cross Ave (paved) Pearisburg VA 0.7mi W	32.5	Sunday, April 1, 2018	634	68.1	2.7	0.2	25.0
16	VA 624 Newport Rd - Catawba Grocery 0.4mi	35.4	Wednesday, April 4, 2018	702	25.7	1.0	0.2	25.0
17	Troutville, VA - Kroger Grocery	36.6	Thursday, April 5, 2018	728	27.9	1.1	0.2	25.0
18	VA 614 - Middle Creek Campground 1.2mi E	37.9	Friday, April 6, 2018	756	50	1.9	0.2	27.0
19	Buena Vista 9.3mi W hitch	40.0	Sunday, April 8, 2018	806	17	0.6	0.5	27.0
20	Spy Rock Rd - Montebello Camp&Store 2.4mi W walk	41.1	Tuesday, April 10, 2018	823	38	1.4	0.2	27.0
21	US 250 - Waynesboro 4mi W from Rockfish Gap	42.7	Wednesday, April 11, 2018	861	54.6	2.0	0.2	27.0
22	Lewis Mtn Campgr. &store	44.9	Friday, April 13, 2018	915.6	34.4	1.3	0.2	27.0
23	Elkwallow Wayside	46.4	Sunday, April 15, 2018	950	53.2	2.0	0.2	27.0
24	Bears Den Rocks - hostel hiker special w pizza&laundry \$30	48.6	Tuesday, April 17, 2018	1003.2	19.8	0.7	0.2	27.0
25	Harpers Ferry, WV stop at ATC for picture	49.5	Wednesday, April 18, 2018	1023	40	1.5	0.2	27.0
26	Waynesboro 1.6mi , Walmart, shoes :-)	51.2	Friday, April 20, 2018	1063	47.8	1.8	0.2	27.0
27	Green Mountain store good selection	53.2	Sunday, April 22, 2018	1110.8	10.8	0.4	0.2	27.0
28	Boiling Springs	53.8	Sunday, April 22, 2018	1121.6	25.6	0.9	0.2	27.0
29	Duncannon, PA The Doyle	54.9	Monday, April 23, 2018	1147.2	70.6	2.6	0.2	27.0
30	Port Clinton Peanut Stop	57.7	Thursday, April 26, 2018	1217.8	75.8	2.8	0.2	27.0
31	Delaware Water Gap	60.7	Sunday, April 29, 2018	1293.6	50.6	1.9	0.2	27.0
32	Unionville, NY 0.7 detour, good	62.8	Tuesday, May 1, 2018	1344.2	59.6	2.2	0.2	27.0
33	Fort Montgomery 1.8mi W	65.2	Friday, May 4, 2018	1403.8	63.5	2.4	0.2	27.0
34	Kent, CT 0.8mi E - full res	67.8	Sunday, May 6, 2018	1467.3	32.7	1.2	0.2	27.0
35	Salisbury, CT 0.8mi W	69.2	Tuesday, May 8, 2018	1500	68.7	2.5	0.2	27.0
36	Dalton, MA on trail	71.9	Thursday, May 10, 2018	1568.7	23.5	0.9	0.2	27.0
37	North Adams 0.5mi E small store Gettys	73.0	Friday, May 11, 2018	1592.2	58.5	2.2	0.2	27.0
38	VT 11 (30) Manchester Center 5.4mi W	75.4	Monday, May 14, 2018	1650.7	53.3	2.0	0.2	27.0
39	Killington 0.6mi	77.5	Wednesday, May 16, 2018	1704	43	1.6	0.2	27.0
40	Hannover on trail	79.3	Friday, May 18, 2018	1747	69.5	2.6	0.2	27.0
41	US 3, North Woodstock walk 1mi to TH, 3mi S	82.1	Monday, May 21, 2018	1816.5	75	2.8	0.2	27.0
42	US 2, Rattle River TH, GORHAM 3.5mi W	85.1	Thursday, May 24, 2018	1891.5	77.9	2.9	0.2	27.0
43	ME 4, Rangeley, ME 9mi W	88.2	Sunday, May 27, 2018	1969.4	69.2	2.6	0.2	27.0
44	US 201 Caratunk, ME Sterling Inn 1.3mi E	90.9	Tuesday, May 29, 2018	2038.6	35.4	1.5	0.2	23.0
45	Monson	92.7	Thursday, May 31, 2018	2074	100.7	4.4	0.2	23.0
46	Golden Rd, Abol Bridge Cmpgrd. decent resup	97.2	Tuesday, June 5, 2018	2174.7	15.1	0.7	0.2	23.0
47	Mt. Katahdin	98.1	Wednesday, June 6, 2018	2189.8	14.2	0.6	0.2	23.0
48	Golden Rd. hitch back to Boston	98.9	Wednesday, June 6, 2018	2204				